

AdventureLisa's Forest Run 2016: 16km RESULTS

Saturday, 21 May 2016, Venterskroon (Vredefort Dome)

	Name	Surname	Course	Gender	Start to Bundu	Bundu to Windpomp	Windpomp to FINISH	Overall Time	
1	CP	Kriek	16	M	00:37:00	00:48:00	00:25:00	01:50:00	1st man
2	CULES	Kolbe	16	M	00:35:00	00:50:00	00:26:00	01:51:00	2nd man
3	MATT	Longden	16	M	00:31:00	00:41:00	00:42:00	01:54:00	3rd man
4	JOHANN	Olivier	16	M	00:31:00	00:48:00	00:35:00	01:54:00	
5	SUSANNE	Viljoen	16	F	00:38:00	00:57:00	00:28:00	02:03:00	1st woman
6	ANTON	Millar	16	M	00:38:00	00:57:00	00:30:00	02:05:00	
7	ISELLE	Combrink-Groome	16	F	00:42:00	01:02:00	00:28:00	02:12:00	2nd woman
8	EVAN	Howell	16	M	00:43:00	00:59:00	00:31:00	02:13:00	
9	CHRIS	Hunter	16	M	00:41:00	01:03:00	00:30:00	02:14:00	
10	JACQUES	Brown	16	M	00:39:00	01:03:00	00:33:00	02:15:00	
11	CHARLES	Schuman	16	M	00:40:00	01:05:00	00:31:00	02:16:00	
12	ALMA	Koegelenberg	16	F	00:38:00	01:06:00	00:33:00	02:17:00	3rd woman
12	HANNES	Koegelenberg	16	M	00:38:00	01:06:00	00:33:00	02:17:00	
14	MARCELLE	Snyman	16	F	00:43:00	01:06:00	00:31:00	02:20:00	
15	ROB	Green	16	M	00:43:00	01:12:00	00:33:00	02:28:00	
16	HEIN	Potgieter	16	M	00:42:00	01:15:00	00:32:00	02:29:00	
16	YOLANDI	Potgieter	16	F	00:43:00	01:14:00	00:32:00	02:29:00	
18	JACO	van Vuuren	16	M	00:44:00	01:10:00	00:36:00	02:30:00	
18	TREVOR	Rorbye	16	M	00:43:00	01:05:00	00:42:00	02:30:00	
20	HELANI	Snyman	16	F	00:43:00	01:15:00	00:35:00	02:33:00	
20	KIRSTY	Whittington	16	F	00:43:00	01:14:00	00:36:00	02:33:00	
20	TARYN	Macdonald	16	F	00:43:00	01:14:00	00:36:00	02:33:00	
23	ANITA	Kolbe	16	F	00:43:00	01:17:00	00:34:00	02:34:00	
23	MANFRED	Seidler	16	M	00:44:00	01:13:00	00:37:00	02:34:00	
25	BELINDA	Coetzee	16	F	00:44:00	01:22:00	00:36:00	02:42:00	
25	CHRIS-MARIE	Kunz	16	F	00:44:00	01:22:00	00:36:00	02:42:00	
27	ERICA	Pierce	16	F	00:47:00	01:23:00	00:33:00	02:43:00	

	Name	Surname	Course	Gender	Start to Bundu	Bundu to Windpomp	Windpomp to FINISH	Overall Time	
28	TRACY	Millar	16	F	00:48:00	01:23:00	00:37:00	02:48:00	
29	BRENDA	Taylor	16	F	00:47:00	01:23:00	00:39:00	02:49:00	
30	SIAN	Tudor-Jones	16	F	00:48:00	01:24:00	00:38:00	02:50:00	
31	BARBARA	Williamson	16	F	00:53:00	01:21:00	00:41:00	02:55:00	
31	CARLA	Prentice	16	F	00:52:00	01:22:00	00:41:00	02:55:00	
33	DAVE	King	16	M	00:47:00	01:33:00	00:38:00	02:58:00	
33	LIEZEL	King	16	F	00:49:00	01:31:00	00:38:00	02:58:00	
33	PETRA	Stuart	16	F	00:49:00	01:26:00	00:43:00	02:58:00	
36	CASPER	Erasmus	16	M	00:43:00	01:32:00	00:44:00	02:59:00	
37	KOBUS	van Zyl	16	M	00:50:00	01:27:00	00:44:00	03:01:00	
38	HENDRA	van Zyl	16	F	00:44:00	01:09:00	01:11:00	03:04:00	
39	MICHAEL	Wilcock	16	M	00:47:00	01:33:00	00:50:00	03:10:00	
40	CHARL	Hugo	16	M	00:42:00	01:11:00	01:24:00	03:17:00	
41	SARAH	Yates	16	F	00:53:00	01:38:00	01:06:00	03:37:00	
	MARILETTE	Visagie	16	F	00:48:00	01:41:00	2h29 at windpomp		No finish time (after 3hrs)
42	AISLING	Beckerling	16	F	00:52:00	01:50:00	00:56:00	03:38:00	
42	TARA	Walmsley	16	F	00:52:00	01:50:00	00:56:00	03:38:00	
44	ELIZABETH	van Vuuren	16	F	00:58:00	01:46:00	00:55:00	03:39:00	
45	PAT	Howell	16	F	01:07:00	01:45:00	00:52:00	03:44:00	
46	MARIETTE	Cox	16	F	01:04:00	02:14:00	01:01:00	04:19:00	
46	SANDRA	Basson	16	F	01:04:00	02:13:00	01:02:00	04:19:00	

Numbers in red are 'Superman' times - the fastest on the leg