

AdventureLisa's Forest Run 2016: 30km RESULTS

Saturday, 21 May 2016, Venterskroon (Vredefort Dome)

	Name	Surname	Gender	S to Bundu	Bundu to Fence Xing	Fence Xing to Thabela	Thabela to Windpomp	Windpomp to Finish	Time	
1	TOM	Hugo	M	00:33:00	00:51:00	00:43:00	00:30:00	00:26:00	03:03:00	1st man
2	DUSTIN	Grace	M	00:32:00	00:55:00	00:40:00	00:33:00	00:31:00	03:11:00	2nd man
3	MIKE	Snyman	M	00:35:00	01:00:00	00:45:00	00:31:00	00:25:00	03:16:00	3rd man
3	TUMI	Matlou	F	00:34:00	01:01:00	00:45:00	00:31:00	00:25:00	03:16:00	1st woman
5	CRAIG	Gornall	M	00:38:00	01:02:00	00:46:00	00:36:00	00:27:00	03:29:00	
6	CORNIA	Broere	F	00:36:00	01:03:00	00:48:00	00:38:00	00:30:00	03:35:00	2nd woman
6	PIETER	Broere	M	00:36:00	01:03:00	00:48:00	00:38:00	00:30:00	03:35:00	
8	GERRIE	Snyman	M	00:36:00	01:03:00	00:50:00	00:41:00	00:35:00	03:45:00	
8	JOHANN	Smal	M	00:35:00	01:00:00	00:58:00	00:39:00	00:33:00	03:45:00	
10	EZIT	Malan	F	00:40:00	01:05:00	00:52:00	00:38:00	00:31:00	03:46:00	3rd woman
11	FRANS	van Heerden	M	00:39:00	01:06:00	00:52:00	00:38:00	00:33:00	03:48:00	
12	ANDREW	Warren	M	00:42:00	01:10:00	00:51:00	00:38:00	00:35:00	03:56:00	
13	COBUS	Venter	M	00:38:00	01:12:00	00:59:00	00:48:00	00:35:00	04:12:00	
14	CHARLENE	Crous	F	00:42:00	01:19:00	00:59:00	00:43:00	00:36:00	04:19:00	
14	INUS	Greyling	M	00:37:00	01:08:00	01:04:00	00:48:00	00:42:00	04:19:00	
14	JACKIE	Engelbrecht	F	00:42:00	01:14:00	no time at Thabela		00:36:00	04:19:00	
14	SUNETTE	Cordier	F	00:43:00	01:15:00	no time at Thabela		00:36:00	04:19:00	
14	WALDO	Krugell	M	00:36:00	01:13:00	01:00:00	00:48:00	00:42:00	04:19:00	
19	PIETER	Cordier	M	00:43:00	01:15:00	01:02:00	00:43:00	00:38:00	04:21:00	
20	MARNUS	Strydom	M	00:41:00	01:15:00	01:04:00	00:43:00	00:39:00	04:22:00	
21	DEBBIE	Smith	F	00:41:00	01:15:00	01:04:00	00:43:00	00:40:00	04:23:00	
21	MARK	Anderson	M	00:41:00	01:15:00	01:04:00	00:43:00	00:40:00	04:23:00	
23	ANGELO	Cuppola	M	00:43:00	01:18:00	01:07:00	00:45:00	00:37:00	04:30:00	
23	RIANA	Henning	F	00:45:00	01:16:00	01:08:00	00:44:00	00:37:00	04:30:00	
25	FAF	Labuschagne	M	00:43:00	01:16:00	01:03:00	00:48:00	00:42:00	04:32:00	
25	JOHAN	Ferriera	M	00:43:00	01:16:00	01:03:00	00:48:00	00:42:00	04:32:00	
25	SULETTE	Ferriera	F	00:43:00	01:16:00	01:01:00	00:50:00	00:42:00	04:32:00	

	Name	Surname	Gender	S to Bundu	Bundu to Fence Xing	Fence Xing to Thabela	Thabela to Windpomp	Windpomp to Finish	Time	
28	MADIE	Wessels	F	00:40:00	01:19:00	01:19:00	00:50:00	00:41:00	04:49:00	
28	TOBIAS	Coetzee	M	00:50:00	01:20:00	01:05:00	00:53:00	00:41:00	04:49:00	
30	TRACY	Jacovides	F	00:46:00	01:30:00	01:23:00	00:43:00	00:37:00	04:59:00	
31	ELAINE	Dippenaar	F	00:49:00	01:25:00	01:14:00	00:51:00	00:47:00	05:06:00	
31	JAMES	van Oudtshoorn	M	00:49:00	01:25:00	01:14:00	00:51:00	00:47:00	05:06:00	
33	FRANCIS	Rogan	F	00:57:00	01:55:00	01:31:00	01:01:00	00:50:00	06:14:00	
34	KERRY	O'Farrell	F	00:57:00	01:54:00	01:31:00	01:02:00	00:51:00	06:15:00	
35	STACI	Katsivalis	F	00:56:00	01:55:00	01:31:00	01:02:00	00:53:00	06:17:00	
36	BERNIE	Shiller	M	00:56:00	01:55:00	01:34:00	00:59:00	00:56:00	06:20:00	
	LEANNE	George	F	00:50:00					DNF	ITB

Numbers in red are 'Superman' times - the fastest on the leg