

AdventureLisa's Forest Run 2017. Saturday, 20 May 2017. Vredefort Dome.

46km	Name	Surname	Start	Start to Bundu	Bundu to Trig	Trig to Fence	Fence to Split	Split to JoJo WP	JoJo WP to split	Split to Thabela WP	Thabela to Windpomp	Windpomp to Finish	Finish time
1	BRUCE	Arnett	07:30:00	00:33:00	00:36:31	00:13:11	00:20:00	01:07:32	00:42:28	00:25:00	00:35:00	00:25:25	04:57:25
2	ALEX	Pope	07:30:00	00:36:00	00:41:47	00:16:13	00:18:00	01:19:26	00:44:34	00:27:00	00:39:00	00:31:15	05:33:15
3	GRANT	Blair	07:30:00	00:39:00	00:44:30	00:14:30	00:21:00	01:28:14	00:47:46	00:28:00	00:37:00	00:30:32	05:50:32
4	TOINE	van den Oever	07:30:00	00:41:00	00:48:23	00:20:27	00:20:10	01:35:12	00:56:48	00:34:00	00:45:00	00:34:07	06:35:07
5	SCHALK	Visser	07:30:00	00:40:00	00:47:32	00:19:38	00:21:50	01:38:29	00:54:31	00:37:00	00:42:00	00:37:23	06:38:23
6	RUBEN	Lawrenz	07:30:00	00:42:00	00:46:57	00:18:03	00:21:00	01:44:13	00:57:47	00:33:00	00:54:00	00:39:40	06:56:40
7	NIEL	de Wet	07:30:00	00:40:00	00:48:10	00:18:55	00:20:55	01:38:37	01:02:23	00:35:00	00:54:00	00:42:34	07:00:34
8	ROB	Dawson	07:30:00	00:39:00	00:44:30	00:14:30	00:25:00	01:47:12	01:03:48	00:46:00	00:50:00	00:42:05	07:12:05
9	LOURENS	Van der Colf	07:30:00	00:41:00	00:50:17	00:20:43	00:28:00	01:54:32	01:08:28	00:44:00	00:51:00	00:43:46	07:41:46
10	CHRIS	Wilcock	07:30:00	00:46:00	01:00:40	00:24:50	00:24:30	02:03:25	01:06:35	00:44:00	00:50:00	00:45:44	08:05:44
11	CHRIS	du Plessis	07:30:00	00:50:00	01:03:56	00:23:24	00:28:40	02:16:06	01:14:54	00:48:00	00:56:00	00:48:20	08:49:20
1	EWA	Hyra	07:30:00	00:50:00	01:05:05	00:23:45	00:28:10	02:17:52	01:12:08	00:48:00	00:56:00	00:48:20	08:49:20
1	HAIDEE	de Villiers	07:30:00	00:50:00	01:03:50	00:23:40	00:28:30	02:16:19	01:14:41	00:48:00	00:56:00	00:48:20	08:49:20
	CRAIG	Gornall	07:30:00	00:40:00	00:48:22	00:18:53	00:22:45	01:51:41					

Note: Bruce's finish time was adjusted by 23 minutes due to a mis-direction error on our part. His time from Fence to Split is close, but not exact and thus Bruce's finish time is not exact (within a minute or two).

Red times are the 'Superman times' - the fastest splits on each section

